

# The Franciscan



## The Bishop's Committee

## From our Vicar... September 2017



### • Bishop and Rector •

**The Rt. Rev. Jon J. Bruno**

(213) 482-2040

**The Rev. Sarah Kitch**

(805) 526-5141

(818) 442-4514

[stfrancis.simi@gmail.com](mailto:stfrancis.simi@gmail.com)

#### Bishop's Warden

**Amy Brown**

805-231-5502

[amysbrowns@aol.com](mailto:amysbrowns@aol.com)

#### Junior Warden

**Tom Butler**

805-581-4256

[simibutlers@yahoo.com](mailto:simibutlers@yahoo.com)

#### Finance

**Craig McGuire**

818-464-1528

[craig.mcguire@sbcglobal.net](mailto:craig.mcguire@sbcglobal.net)

#### Clerk/Fellowship

**Joy Craig**

805-796-0750

[joy.craig@simivalleyusd.org](mailto:joy.craig@simivalleyusd.org)

#### Worship

**Scott Eben**

310 629-8137

[carpettech@sbcglobal.net](mailto:carpettech@sbcglobal.net)

#### Communications

**Katherine Todd**

805 241-4772

[krosstodd1@gmail.com](mailto:krosstodd1@gmail.com)

#### Service/Outreach/Fellowship/Education

**Amy Rasmussen**

805 630-2224

[amyr@amgen.com](mailto:amyr@amgen.com)

#### Pastoral Care

**Susan Swoish**

805-501-5203

[sis@swbusinessadvisors.com](mailto:sis@swbusinessadvisors.com)

**Cathy Grimes**

805-529-2723

[cathygrimes@roadrunner.com](mailto:cathygrimes@roadrunner.com)

#### Christian Education

#### Membership

**Joe Zepf**

818 770-1279

#### Fellowship/Outreach

**Robert Craig**

805-796-0750

[rcraig562@gmail.com](mailto:rcraig562@gmail.com)

#### Fellowship

**Bernadette Schneible**

818-424-2251

[bnriseml@yahoo.com](mailto:bnriseml@yahoo.com)

Suddenly the summer feels as though it is gone and we are in the accelerated beginning of Fall. It is the time of back to school activity, financial reviews and the frenzy of looking towards start ups of programs. I find myself asking, "Where did the Summer go?"

What I'd like to suggest this month is that the sense of equanimity and ease that we take during the Summer months, doesn't have to be gone in our life. The spiritual practices of contemplation and prayer, lectio divina and silence, offer a practical direction in our lives to keep us centered and grounded, even in the midst of the hurried activity.

At St Francis we are offering ways to come away for awhile and practice such disciplines. Every Monday is our Brown Bag Bible Study, with a chance to listen to the Scriptures for the Sunday and learn of their teaching. Each Monday evening David Kitch teaches a Compline Study to close the day and allow us to be rested, even as we begin the week. Tuesday's Centering Prayer meets twice a month, to again allow us to re – collect ourselves in the middle of the week in a time of quiet and meditation. Sunday is our celebration and feast day to join together in thanksgiving and praise for all God has done!

And starting in September, St Francis is offering an 8 month Spiritual Journey to give a chance to put time into practicing spiritual disciplines. St. Francis offers such diversity of experience on the grounds through our Biblical Garden, the Rose Garden and the Labyrinth. It is a place of contemplation and outreach. St Francis Episcopal Church and Contemplative Outreach Center. The Spiritual Journey Program undergirds and blesses this space at St. Francis and calls out the sense of finding a balance in the midst of our busy lives.

Finding a balance and centeredness is what our faith promises. Jesus says to us all, "Come to me all you who are weary, and I will give you rest." In these experiences at St. Francis, we are providing that very shelter to come away and give rest. May you experience such rest here.



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Email: [stfrancis.simi@gmail.com](mailto:stfrancis.simi@gmail.com) Website: [stfrancischurchofsimi.org](http://stfrancischurchofsimi.org) 805.526.5141 FAX 805.520.3819



**Van Lingle Mungo –**  
**Toes the Mound Again in Simi Valley in October of '17!**



He was a man who once boxed with Ernest Hemingway, struck out Babe Ruth and created an international incident when one of his nighttime “amours” came fully equipped with a jealous husband and a squadron of rifle-wielding Cuban Federales.

He threw hard and drank even harder, cutting a wide, colorful swath through the barrooms, boudoirs and baseball diamonds of the 1930s. He was Van Lingle Mungo—pitcher/fighter/cad/ husband/father— and one of the most memorable characters in Major League Baseball history.

And now, from the Great Beyond, Van is determined to tell his own version of the truth in **MUNGO!**, a one-man show coming to Simi Valley after a sold-out run at the 8th Annual Hollywood Fringe Festival.

Written by James Harmon Brown and Marc Peter Reyna, directed by George Lockwood and performed by Reyna, the play will transport us back to baseball during the Great Depression, channeling Mungo's rise from the sandlots of South Carolina to the Polo Grounds in New York City, pausing in between to chronicle the personal and professional highs and lows of a world-class character and semi-great pitcher.

Each year Van returns from the Great Beyond to Goob's Bar & Grill in his home town of Pageland, South Carolina to swap a few tall tales, tell some baseball stories, set the record straight about his life and times and to search for Eloise, the one true love of his life. He figures if he tells his story often enough—and truthfully enough—she'll come back to him.

Maybe this will be the year.

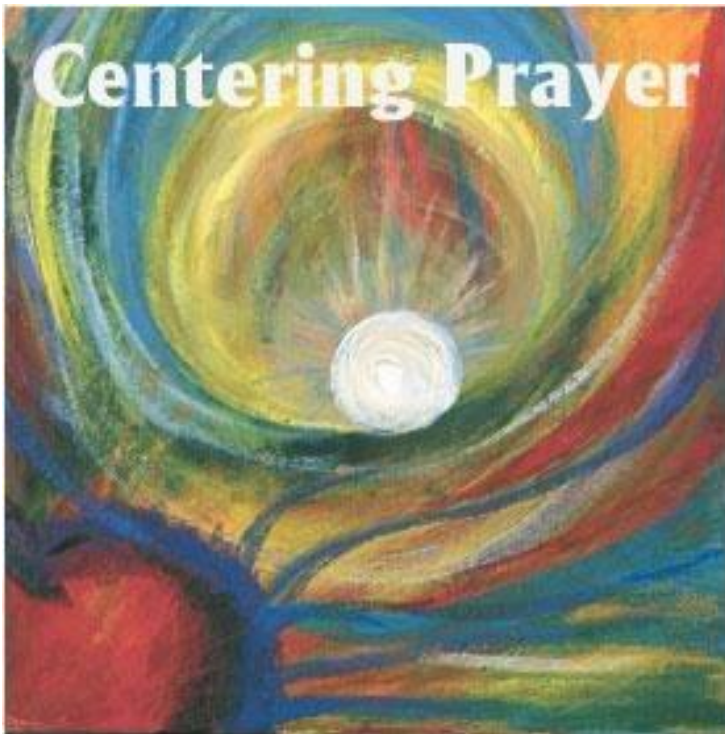
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One Performance Only – 7.00PM  
Saturday, October 7, 2017.  
Performance will be followed by a  
Wine & Cheese, Peanuts &  
Cracker Jack's Reception!

Tickets: \$10.00.

St. Francis of Assisi Episcopal Church, 280  
Royale Ave., Simi Valley CA, 93065.  
805-526-5141.

\*This play is suitable for ages 13 and up.  
Performance runs for approx 1 hour.



Join Centering Prayer the second Tuesday each month at 7 pm at Brainerd and Esther Dharmaraj's home. 1540 Rose Arbor, Simi Valley, (805)583-5342 and the fourth Tuesday each month at the church in the Library at 7 pm.

Each new beginning  
is an opportunity  
to excel in life  
Diantha Ain



BROWN BAG BIBLE STUDY  
STARTING UP AGAIN!

MONDAY SEPTEMBER 11 AT 12:00  
BRING YOUR LUNCH AND  
ENJOY LEARNING ABOUT THE  
LECTIONARY READING WITH  
DAVID KITCH.  
ALL ARE WELCOME!

**PLEASE MARK YOUR  
CALENDARS FOR A SPECIAL  
SUNDAY IN OCTOBER –**



WE CELEBRATE OUR  
PATRONAL FEAST OF ST  
FRANCIS AT THE BEGINNING  
OF THE MONTH, OCTOBER 1,  
AND THEN ON **OCTOBER  
15** WE WILL HAVE BISHOP  
AZARIAH VISITING ST.  
FRANCIS. THIS WILL BE THE  
BISHOP'S FIRST VISIT TO ST  
FRANCIS.  
LET'S MAKE HIM FEEL VERY  
WELCOME.

**Parish Prayer Needs:**

**Music Program:** Thanksgiving for all the singers!!

**Healing:** Michael, Megan, Jean, Braydon, Hank, Fr. Steve, Al, Mary, Rich, Yvonne, VanNessa, Dee, Jeff, Jim, Bill & Leslie L., Jan, David, Lee, Trish, Sue, Tony, Mark, Michele, Eric, Louise, Bob & family, Edith,

Rana, Howard, Mary, Donna, J.D. Frances B., Patrick, Margaret, Beverly.

**For Comfort:** Deb Wollum, George and the Schneider family. The Nilles family. Conti Family. Janet, Patricia and family. Barbara Haryn. Donna Shiver. Julie Christian.

**Members and News**

**ECW**

**Episcopal Church Women**



The ECW meets on the 1st Friday of every month in the church at 6:30. We would love to have you join us for a time of fellowship and service. Please contact Sylvia Moya, 522-2897.



**Tired Treasures in your Trunk**

The ECW will be sponsoring a Fundraiser for St. Francis and the community. Sign up and bring your car, SUV or truck filled with "Treasures you are Tired" of and sell them here at St. Francis in the Parking Lot. Easy way to clean out your garage, attic, basement or spare room! All of the money collected will go to our ministries. Date to be announced! If items are not sold you drive them away!



**Prayer Shawls:**

Please remember that St. Francis has Prayer Shawls in the Narthex at church. These Prayers Shawls are to give to people who are in need of comfort. If you know someone who needs comforting and covered in prayer please help yourself.



**Sign up to Serve at Coffee Hour**

Our coffee hour is a tradition of spending a few minutes together after our worship to connect and say hello to each other. All are invited because the "feeling of belonging" is for everyone to enjoy! It's a blessing to host this time to refresh ourselves before we return to the "busyness" of the world. Call Jennifer Anusiem, 805-990-4102 if you cannot make it to serve for coffee hour.

# Blessing of the Animals



**OCTOBER 1**  
is **St Francis Feast Day**  
where we celebrate

## **THE BLESSING OF THE ANIMALS.**

We are excited to once again, offer a Family Fun Day with lunch, bouncy house, animals, games, arts and crafts and more! It is an occasion for us to be grateful for all that St. Francis means to us as a community and as a church. We will be sharing our service with the United Church of Christ next door, and offering this event to the community.

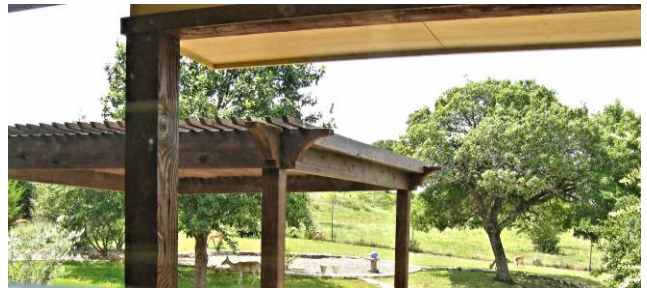
Service will be outside, starting at 10:15 and fun and fellowship will be from 12:00 – 2:00.

Would you consider making a contribution for the blessing of the animals?

Opportunities include contributing to the Pony Rides, the bouncy house, or for the food. If you wish to make a specific donation, just put your check in the offering plate on Sunday with BLESSING OF THE ANIMALS in the Memo.

## **A Note From Carol Greene:**

Now unpacking madness, but slowly things are coming together. Thinking of you all. St Peters is beautiful. Built in the shape of a cross. Very large gorgeous grounds, a magnificent labyrinth....you would love it. Strange for such a small town. Lots of Episcopalians in Texas apparently. Will check out singing with the praise group in two weeks! We are still getting lost in town, the first time we tried to go to church it took us about 45 minutes and we were late! Ha ha...its about 6 minutes from our house! Lots of adventures!



Here is a view from morning coffee time...LOTS of deer and antelope. Hotter than I could have imagined! I am not a friend of wasps, and killed two scorpions...screaming like a Kung Fu master! But all in all....serene. Everyone is super sweet and polite!

Yes Mam...they are!!! Thinking of you.  
Love love,



The sunrise today off the front porch was really beautiful.

Carol Greene, 3541 LaCumbre Dr., Kerrville  
TX 78028



## **Practice: Surrender to the Present Moment**

A contemplative practice is any act, habitually entered into with your whole heart, as a way of awakening, deepening, and sustaining a contemplative experience of the inherent holiness of the present moment. Your practice might be some form of meditation, such as sitting motionless in silence, attentive and awake to the abyss-like nature of each breath. Your practice might be simple, heartfelt prayer, slowly reading the scriptures, gardening, baking bread, writing or reading poetry, drawing or painting, or perhaps running or taking long, slow walks to no place in particular. Your practice may be to be alone, really alone, without any addictive props and diversions. Or your practice may be that of being with that person in whose presence you are called to a deeper place. The critical factor is not so much what the practice is in its externals as the extent to which the practice incarnates an utterly sincere stance of awakening and surrendering to the Godly nature of the present moment.

The following exercise is intended to demonstrate how meditation and the performance of daily tasks might gradually flow together in a habitual state of present moment attentiveness. The exercise consists of first choosing some household chore that needs to be done. I will use, as an example, washing a sink full of dirty dishes.

Begin by first sitting in meditation for about twenty to thirty minutes. Then slowly stand, and walk in a slow mindful manner to the kitchen sink full of dirty dishes. Stand at the sink, mindfully gazing for a moment at the dishes. Slowly and mindfully put soap in the sink. Fill the sink with hot water, attentive to the simple givenness of the sound of running water. Wash, rinse, and place each item in the drainer with mindfulness.

When the dishes are finished, pull the plug, listen to and watch the water going down the drain. Rinse out the sink with mindfulness. Dry each item and put it in its proper place with natural and deliberate mindfulness. Wipe off the counter tops with mindfulness. Then slowly walk back to your place of sitting meditation and sit for another twenty to twenty-five minutes.

Then open a journal and begin writing spontaneously and sincerely about what it would be like to live in this way. What would it be like to open and close doors, take some boxes out of the garage, file papers, answer the phone, not as rude interruptions into a carefully sequestered-off contemplative life, but, to the contrary, as living embodiments of the hands-on divinity of daily living?

## NEW OPPORTUNITIES OFFERED THROUGH ST. FRANCIS



Want to be involved with the Samaritan Center, Joe Zepf has been part of a Men's Mentoring

Program offering everything from help in filling out forms, to a listening ear. Talk with Joe about the various opportunities that are available as we partner our mission and ministry with the Samaritan Center.

<http://thesamaritancenterofsimivalley.org/> Our church members have asked what useful items **The Samaritan Center** can use the most.

All shelf-stable goods are helpful, as well as cleaning products and trash bags. In particular, the Kitchen is always in need for the following for daily lunches given to clients: Juice or any Beverages in Pouches, Peanut Butter, Jelly (grape, strawberry, any kind for sandwiches) Lunch Bags, Back Packs. Men's Jeans and larger men's tennis shoes. Eggs, Milk, Trash bags: tall kitchen size and 45 gallon; napkins, aluminum foil, Styrofoam soup bowls, ammonia, bleach and tube socks for men and toilet paper. Your donations go directly to feed the needs of our community. Donations can be brought to church or left at the Sam Center kitchen door. Thank you so much.

## BUSINESS CARD DIRECTORY



St. Francis will be putting together a Business Directory of businesses that are recommended or owned by the members of St. Francis. We all are always looking for good reliable businesses to call such as a handyman, plumber, electrician, etc.

If you have a business or know of a good reputable business please bring the business card to church. We would love to work on this during the summer.

Thank you for considering how you can help with this project.

## You shop. Amazon gives.

Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.

AmazonSmile is the same Amazon you know. Same products, same prices, same service.

Support your charitable organization by shopping at [smile.amazon.com](https://smile.amazon.com)

*#StartWithaSmile*  
at [smile.amazon.com/ch/95-2558848](https://smile.amazon.com/ch/95-2558848) and  
*Amazon donates to St. Francis of Assisi Episcopal Church.*



| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday                                      | Saturday  |
|---|---|---|--|---|---|---|
|   |   |   |  |   | <b>1</b><br>Office Closed<br><br>8 pm AA PH | <b>2</b>  |
| <b>3 Pentecost 13</b><br>David Kitch, Preaching<br>10:15 am<br>Eucharist with<br>Music, & Sunday<br>School<br><br>6:30 Men's AA PH  | <b>4</b><br><b>Labor Day</b><br>Office Closed<br><br>8 pm Men's AA PH   | <b>5</b><br>9am-2pm Office<br>Hrs.<br><br>7 pm AA Clare Rm<br>8 pm Women's AA<br>PH   | <b>6</b><br>9am-2pm Office Hrs<br>10 am Healing<br>& Eucharist<br>Service<br><br>7:30 pm Men's AA<br>PH                                    | <b>7</b><br>9am-2pm Office Hrs.                         | <b>8</b> Office Closed<br><br>8 pm AA PH    | <b>9</b>  |
| <b>10 Pentecost 14</b><br>Brainerd Dharmaraj,<br>Preaching<br>10:15 Eucharist<br>with Music &<br>Sunday School<br><br>6:30 Men's AA PH  | <b>11</b><br>9am-2pm Office<br>Hrs.<br>Noon Brown<br>Bag Bible Study<br><br>7 pm Bible<br>Study, Clare<br>Rm.<br><br>8 pm Men's AA PH                                     | <b>12</b><br>9am-2pm Office<br>Hrs.<br><br>7 pm Centering<br>Prayer at<br>Dharmaraj's Home<br><br>7 pm AA Clare Rm<br>8 pm Women's AA<br>PH | <b>13</b><br>9am-2pm Office Hrs<br>10 am Healing<br>& Eucharist<br>Service<br>12:30 pm Sam<br>Center Brd Mtg<br><br>7:30 pm Men's AA<br>PH | <b>14</b><br>9am-2pm Office Hrs.                        | <b>15</b> Office Closed<br><br>8 pm AA PH   | <b>16</b> Sam. Ctr.<br>Day of<br>Service<br><br><b>10 am</b><br><b>Spiritual</b><br><b>Journey Class</b><br><br><b>6-10 pm</b><br><b>Murder</b><br><b>Mystery Night</b> |
| <b>17 Pentecost 15</b><br><b>Rev. Sarah Kitch,</b><br><b>Preaching</b><br>10:15 Eucharist<br>with Music &<br>Sunday School<br><b>Belize Collection</b><br>Noon BC Meeting<br><br>6:30 Men's AA PH | <b>18</b><br>9am-2pm Office<br>Hrs.<br>Noon Brown<br>Bag Bible Study<br><b>Franciscan</b><br><b>Articles Due</b><br>7 pm Bible<br>Study, Clare<br>Rm.<br>8 pm Men's AA PH | <b>19</b><br>9am-2pm Office<br>Hrs.<br><br>7 pm AA Clare Rm<br>8 pm Women's AA<br>PH  | <b>20</b><br>9am-2pm Office Hrs<br><br>10 am Healing<br>& Eucharist<br>Service<br><br>7:30 pm Men's AA<br>PH                               | <b>21</b><br>9am-2pm Office Hrs.<br><br>7-8:30 pm AA PH | <b>22</b> Office Closed<br><br>8 pm AA PH   | <b>23</b>   |
| <b>24 Pentecost 16</b><br><b>Rev. Sarah Kitch,</b><br><b>Preaching</b><br>10:15 Eucharist<br>with Music<br><b>Recycle Sunday</b><br><br>6:30 Men's AA PH  | <b>25</b><br>9am-2pm Office<br>Hrs.<br>Noon Brown<br>Bag Bible Study<br><br>7 pm Bible<br>Study, Clare<br>Rm.<br>8 pm Men's AA PH   | <b>26</b><br>9am-2pm Office<br>Hrs.<br><br>7 pm Centering<br>Prayer in Library<br><br>7 pm AA Clare Rm<br>8 pm Women's AA<br>PH             | <b>27</b><br>9am-2pm Office<br>Hrs.<br><br>10 am Healing<br>& Eucharist<br>Service<br><br>7:30 pm Men's AA<br>PH                           | <b>28</b><br>9am-2pm Office Hrs<br><br>7-8:30 pm AA PH  | <b>29</b> Office Closed<br><br>8 pm AA PH   | <b>30</b>   |



# September 2017 Schedule for Holy Ministry

|  | Sept. 3                   | Sept. 10                  | Sept. 17              | Sept. 24                | Oct. 1           |
|--|---------------------------|---------------------------|-----------------------|-------------------------|------------------|
| <b>10:15 a.m. Holy Eucharist</b>   |                           |                           |                       |                         |                  |
| Lector (O.T./Psalm)  | Dan J.                    | Esther D.                 | Tom B.                | Joy C.                  | Susan S.         |
| Lector (Epistle/P.O.P)   | Jan J.                    |                           | Kathy B.              | Grace R.                | Ken S.           |
| LEM (Chalice)  | Bernadette S.<br>David S. | Rob &<br>Kristen W        | Tom &<br>Kathy B.     | Esther &<br>Brainerd D. | Ken S.<br>Jan J. |
| Acolyte &<br>Crucifer  | Grace<br>Andrew           | Esther                    | Brenda                | Grace<br>Esther         | Andrew<br>Brenda |
| Usher /<br>Greeters  | Tony F.<br>Rebecca S.     | David S. Jr.<br>Tony F.   | Tony F.<br>Rebecca S. | David S. Jr.<br>Tony F. | Joe Z.           |
| Altar Guild  | Teri M.                   | Jan J.                    | Kathy B.              | Eden                    | Joy C.           |
| Home<br>Communion  | Brainerd &<br>Esther D.   | Esther D.                 | Tom &<br>Kathy B.     | Brainerd &<br>Esther D. | Jan J.           |
| Vestry<br>Counters   | Amy B.<br>Cathy G.        | Bernadette S.<br>Scott E. | Kathy B.<br>Vicky B.  | Tom B.<br>Susan S.      |                  |
| <b><u>If you are unable to serve on the day you are scheduled – please make arrangements with someone else to substitute for you. Please contact the church office to inform them of the changes. Thank you!</u></b> |                           |                           |                       |                         |                  |



## St. Francis Coffee Hour Schedule

September 2017

|      | 3   | 10                | 17  | 24             |  |
|------|-----|-------------------|-----|----------------|--|
| 10am | DOK | Anesium<br>Family | ECW | Laurie Barrett |  |

October 2017

|      | 1 | 8 | 15 | 22 | 29 |
|------|---|---|----|----|----|
| 10am |   |   |    |    |    |

Our coffee hour is a tradition of spending a few minutes together after our worship to connect and say hello to each other. All are invited because the *“feeling of belonging”* is for everyone to enjoy! It’s a blessing to host this time to refresh ourselves before we return to the *“busyness”* of the world. Call Jennifer Anusiem, 805-990-4102 if you cannot make it to serve for coffee hour.

# October 2017 Schedule for Holy Ministry

|                                  | Oct. 1           | Oct. 8                    | Oct. 15                 | Oct. 22               | Oct. 29                 |
|----------------------------------|------------------|---------------------------|-------------------------|-----------------------|-------------------------|
| <b>10:15 a.m. Holy Eucharist</b> |                  |                           |                         |                       |                         |
| Lector<br>(O.T./Psalm)           | Susan S.         | Dan J.                    | Esther D.               | Tom B.                | Joy C.                  |
| Lector<br>(Epistle/P.O.P)        | Ken S.           | Jan J.                    |                         | Kathy B.              | Grace R.                |
| LEM<br>(Chalice)                 | Ken S.<br>Jan J. | Bernadette S.<br>David S. | Rob &<br>Kristen W.     | Tom &<br>Kathy B.     | Esther &<br>Brainerd D. |
| Acolyte &<br>Crucifer            | Andrew<br>Brenda | Grace                     | Esther                  | Brenda                | Grace<br>Esther         |
| Usher /<br>Greeters              | Joe Z.           | Tony F.<br>Rebecca S.     | David S. Jr.<br>Tony F. | Rebecca S.<br>Tony F. | David S. Jr.<br>Tony F. |
| Altar Guild                      | Joy C.           | Teri M.                   | Jan J.                  | Kathy B.              | Eden                    |
| Home<br>Communion                | Jan J.           | Brainerd &<br>Esther D.   | Esther D.               | Tom &<br>Kathy B.     | Brainerd &<br>Esther D. |
| Vestry<br>Counters               |                  |                           | Kathy B.<br>Vicky B.    |                       |                         |

**If you are unable to serve on the day you are scheduled – please make arrangements with someone else to substitute for you. Please contact the church office to inform them of the changes. Thank you!**



## RECYCLING AT ST FRANCIS

Please bring in your Recycling on the **last Sunday of the month** and we'll put those cans and bottles to good use! Our efforts will help support the needs of a family in our community and will be appreciated. See what glass and metal can do? So mark your calendars now with a big "R" for recycling at the end of the month. Thank you ahead of time for all your contributions!

THERE IS A **MURDERER**

AMONGST  
US...



CRIME SCENE  
WHO DID IT?

CRIME SCENE  
WHO DID IT?

CRIME SCENE  
WHO DID IT?

Beware of who  
you are sitting  
next to ...



**MURDER MYSTERY NIGHT**

**Sept 16 • 6 - 10pm** • Hors D'Oeuvres, Dinner & "Who Done It", Specialty drinks (no host bar)

Event held at Wood Ranch Golf Club, 301 N. Wood Ranch Park Way, Simi Valley, CA

Tickets \$90.00 • Table of 8: \$630 • Tickets available at [www.murdermysterysv.org](http://www.murdermysterysv.org)

*Please, no jeans. Seating is limited. For more information call (805) 231-2497*

*100% of proceeds benefits the Samaritan Center.*

# *the* Franciscan

St. Francis of Assisi Episcopal Church  
280 Royal Avenue, Simi Valley CA 93065

## Newsletter – September 2017

**TO:**

### **St. Francis of Assisi Episcopal Church**

280 Royal Avenue, Simi Valley CA 93065

P.O. Box 940516, Simi Valley CA 93094

Phone (805)526-5141

[stfrancis.simi@gmail.com](mailto:stfrancis.simi@gmail.com)    [www.stfrancischurchofsimi.org](http://www.stfrancischurchofsimi.org)



#### **Sunday Service:**

- **Eucharist with Music**  
**10:15 am**

#### **Wednesdays**

- **10 am Healing Service**